

LAUREN H. MASCARI, PHD

EDUCATION

University of Wisconsin – Milwaukee Doctor of Philosophy – Educational Psychology Concentration: Counseling Psychology	2021
University of Wisconsin – Milwaukee Master of Science – Educational Psychology Concentration: Community Counseling	2016
University of Wisconsin – Madison Bachelor of Science – Art Concentration: Graphic Design	2008

LICENSURE

National Certified Counselor ID 731257 National Board of Certified Counselors	Expires 9/26
Professional Counselor Training License No. 3375-226 State of Wisconsin – Department of Safety and Professional Services	Expires 12/22

APPLIED EXPERIENCE

Walker’s Point Youth and Family Center Milwaukee, WI Bilingual (English/Spanish) Therapist, Teen Crisis and Runaway Program <i>Supervisor:</i> Tonya Lyons	2021 – present
New Insights, LLC Milwaukee, WI Pre-licensed Staff Psychologist <i>Supervisor:</i> David A. Songco, PsyD, License 3241	2021 – present
Rogers Behavioral Health, Adolescent Mental Health Recovery Brown Deer, WI Post-Doctoral Fellow <i>Supervisor:</i> Kristine Kim, PsyD, License 2405	2021
Rogers Behavioral Health, Child and Adolescent Day Treatment Unit West Allis, WI Pre-Doctoral Intern <i>Supervisors:</i> Nancy Goranson, PsyD, License 1624; Kristin Miles, PsyD, License 3011	2020 – 2021

Walker's Point Youth and Family Center, Teen Crisis and Runaway Program 2018–2020
Milwaukee, WI

Bilingual (English/Spanish) Therapist

Supervisor: Ryan Miller, MS, LPC, NCC, License 6312

Rogers Behavioral Health, Child and Adolescent Day Treatment Unit 2018 – 2019

West Allis, WI

Doctoral Practicum Counselor

Supervisor: Kristin Miles, PsyD, License 3011

Aurora Psychiatric Hospital, Eating Disorders Unit 2017 – 2018

Wauwatosa, WI

Doctoral Practicum Counselor

Supervisor: Munther Barakat, PsyD, License 2780

Secondary Supervisor: Sandra Blaies, LCSW, License 2587

Aurora Psychiatric Hospital, In-Patient Programming 2017 – 2018

Wauwatosa, WI

Behavioral Health Therapist

Supervisor: Brooke-Bennett-Pfister

Aurora Psychiatric Hospital, Child and Adolescent Day Treatment Program 2016 – 2017

Wauwatosa, WI

Doctoral Practicum Counselor

Supervisor: Munther Barakat, PsyD, License 2780

Rogers Memorial Hospital, Child and Adolescent Day Treatment Program 2015 – 2016

West Allis, WI

Masters Practicum Counselor

Supervisor: Katie Chin, MS, LPC, License 5126

RESEARCH EXPERIENCE

The Afro-Brazilian Martial Art of Capoeira: Cultural Healing and Identity 2019 – 2021

Dissertator

Narrative qualitative study regarding cultural traditions, rituals, and culturally-centered healing among capoeira practitioners.

Supervisors: Nayda Fouad, PhD, ABPP, License 1130

Community Building through the Afro-Brazilian Martial Art of Capoeira 2017

Student Principal Investigator

Conducted focus group and analyzed results for themes and future directions of study including peer support, developing insight, communication skills, and the impact of music and movement.

Supervisor: Marty Sapp, EdD, License 1404

Gender Health and Identity Survey 2017

- Volunteer
Facilitate screening and completion of questionnaire regarding health experiences for transgender youth in the LGBT community.
Principal Investigator: Lance Weinhardt, PhD
- Survivors of Sexual Assault in the Military** 2017
Volunteer
Complete qualitative coding of transcribed interviews of women who experienced sexual trauma during their time serving in the armed forces.
Principal Investigator: Rae Ann Frey, PhD, License 3695
- Perceptions of Opportunities** 2016
Research Team Member
Investigate contextual factors of women and underrepresented minority populations pertaining to career development.
Supervisor: Nadya Fouad, PhD, ABPP, License 1130
- Resiliency Project** 2015 – 2017
Bilingual Research Team Member
Collected data in Spanish for Collaborative Community Based Research Project assessing resiliency and financial stress to evaluate a total of 150 families.
Supervisors: Shannon Chavez-Korell, PhD, NCC and Markeda Newell, PhD
- Exceptional Education Department** 2016 – 2017
Research Assistant
Conduct literature review regarding exceptional education interventions and practices in West-African countries, as well as a review of sheltered workshops, culturally relevant assessment and edTPA, the history of special schools and case studies within exceptional education.
Supervisors: Elizabeth Drame, PhD, Margaret Bartlett, PhD, Amy Otis-Wilborn, PhD
- American Indian Youth in Detention Settings** 2015
Research Team Member
Focused on case studies of American Indian female adolescents in detention setting.
Supervisor: Leah Rouse, PhD, LP, License 3221
- Exploring the Educational Trajectories Among Undocumented Latinos** 2015
Research Team Member
Participatory Action Research exploration of the experiences of undocumented Latinos during a critical transition period who are actively considering entering college.
Principal Investigator: Michelle Parisot, PhD, License 3538

UNIVERSITY EXPERIENCE

- Mini-Course Instructor, TRIO Program** 2021 - 2022

- Provided virtual and in-person instruction to 40 students ages 10-12 on the Afro-Brazilian martial art of capoeira

Graduate Assistant 2016

- Exceptional Education 559: Communication in the Classroom for the Deaf and Hard of Hearing
- Exceptional Education 600: Survey of Exceptional Education
- Exceptional Education 635: Individualized Planning and Instructional Methods
- Exceptional Education 679: Critical Issues in Planning for Students with Disabilities

Executive Assistant to the Vice Provost 2015 - 2016

Supervisor: Phyllis King, PhD, FAOTA License 199

Bilingual Program Assistant, Roberto Hernandez Center 2014 – 2015

Supervisor: Enrique E. Figueroa, PhD

PRESENTATIONS & PUBLICATIONS

Mascari, L. H. (in press). *Hecho en formosa: An origin story*. London, UK: Olympia Publishers.

Mascari, L. H. Resident engagement and cultural competence. *Walker's Point Youth and Family Center*. May 16 & 17, 2022. Milwaukee, WI.

Mascari, L. H. Parent-Child Interaction therapy skills for shelter-based staff. *Walker's Point Youth and Family Center*. May 3, 2022. Milwaukee, WI

Mascari, L. H. Self-care for shelter-based staff. *Walker's Point Youth and Family Center*. April 12, 2022. Milwaukee, WI.

Hlwan, B. T., **Mascari, L. H.**, Kuramoto, R., Hanesakda, A., & French, K. Stop Asian Hate Panel. *University of Wisconsin – Parkside, Office of Multicultural Student Affairs*. April 14, 2021. Racine, WI. <https://www.facebook.com/OMSAuwp/videos/286292703073847>

Mascari, L. H. & Glenn, S. Diversity mini-series: Self-care and grad school life. *University of Wisconsin – Milwaukee*. February 12, 2021. Milwaukee, WI. <https://sites.uwm.edu/thesccl/>

Wallace, C., & **Mascari, L. H.** Coping with Anxiety. Marquette University High School – Sophomore Wellness Week. February 10, 2021. Milwaukee, WI.

Davison, E., & **Mascari, L. H.** Staying sane in the midst of pandemic. *Milwaukee Public Schools - Professional Development for School Social Workers and School Psychologists*, December 23, 2020. Milwaukee, WI.

Lim, P., **Mascari, L. H.**, Songco, D., & Vang, G. F. Model Minority: How racial stereotypes and cultural expectations contribute to mental health issues among Asian-Americans. *Milwaukee Minority Film Festival*, September 24, 2020. Milwaukee, WI. <https://www.youtube.com/watch?v=fYStHZLEXRw>

Mascari, L. H. Building allies during pandemic. *University School of Milwaukee, SEEK meeting*, April 16, 2020. Milwaukee, WI.

Mascari, L. H. Trauma informed care: From knowledge to engagement. *Walker's Point Youth and Family Center*. January 6 & 28, 2020. Milwaukee, WI.

- Mascari, L. H.** Resident engagement and cultural competence. *Walker's Point Youth and Family Center*. May 13, 2019. Milwaukee, WI.
- Mascari, L. H.** Who is it?: A narrative exploration of culture and identity through interactive installation. *Midwest Interdisciplinary Graduate Conference: Artifice*, February 15, 2019. Milwaukee, WI.
- Mascari, L. H.** Resident engagement and cultural competence. *Walker's Point Youth and Family Center*. January 15, 2019. Milwaukee, WI.
- Mascari, L. H.** Redirection and resident engagement. *Walker's Point Youth and Family Center*. August 22, 2018. Milwaukee, WI.
- Mascari, L. H.** Multicultural connections through the Afro-Brazilian martial-art of capoeira. *126th American Psychological Association Convention*, August 10, 2018. San Francisco, CA.
- Mascari, L. H.** Community building through the Afro-Brazilian martial-art of capoeira. *14th International Congress of Qualitative Inquiry*, May 19, 2018. Champaign, IL.
- Trager, B. W., Cass, T. J., & **Mascari, L. H.** Initial approaches to a collaborative hermeneutic process. *International Congress of Qualitative Inquiry*, May 19, 2018. Champaign, IL.
- Mascari, L. H.** Sustainable leadership through identity exploration: Intersections of privilege and marginalization. *International Institute of Restorative Practices: Leading & Sustaining Change*, May 1, 2018. Toronto, Canada.
- Mascari, L. H.** Kuei, Hsiao-ling. *Organization for Chinese Americans – Intergenerational Storytelling*, September 23, 2017. Milwaukee, WI.
- Mascari, L. H.** Adolescent females and martial arts: A review of psychology literature. *Association for Women in Psychology*, March 5, 2017. Milwaukee, WI.
- Mascari, L. H.**, & Ramos, E. Social media connectedness and use: A mental health perspective on social media use in higher education. *Student Personnel Young Professionals Learning Network*, February 25, 2017. Milwaukee, WI.
- Mascari, L. H.** Diversity, equity, & inclusion. *Student Conservation Association Orientation*, July 7, 2016. Milwaukee, WI.
- Mascari, L. H.** (2016, March 22.) *Untitled poem*. Retrieved from <http://www.neciamediacollective.com/neciamedia/untitled-poem-lauren-mascari?rq=untitled>
- Salas-Pizaña, S., Frey, R. A., Lucci, S., Benally, N., **Mascari, L.**, & Rouse, L. American Indian Youth in Corrections: A Study for the Prevention and Reduction of Trauma. *International Society for Traumatic Stress Studies – Child Trauma Track Paper Presentation*, November 15, 2015. New Orleans, LA.

SCHOLARSHIPS & AWARDS

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| National Register of Health Service Psychologists | 2021 |
| National Register Associate Credentialing Scholarship | |
| University of Wisconsin – Milwaukee, School of Education | 2020 - 2021 |
| Joseph and Loretta Eiserlo/Robert Keuhneisen Teachers for a New Era Scholarship | |
| Wisconsin Psychological Association | 2019 |
| Asher Pacht, PhD Graduate Award | |

University of Wisconsin – Milwaukee, Greater Milwaukee Foundation Donald Timm Fund Scholarship	2019 - 2020
University of Wisconsin – Milwaukee, Graduate School Advanced Opportunity Program Fellowship	2017 - 2019
Organization for Chinese Americans, Wisconsin Chapter RP & JL Carr Social Justice Award	2017
University of Wisconsin – Milwaukee, School of Education Joseph and Loretta Eiserlo/Robert Keuhneisen Teachers for a New Era Scholarship	2016 - 2018
University of Wisconsin – Milwaukee, School of Education School of Education Scholarship	2017 - 2018
University of Wisconsin – Milwaukee, Children’s Learning Center Child Care Expense Award	2016
Southwest YMCA, Greenfield Mind, Body, Spirit Award	2005

PROFESSIONAL AFFILIATIONS

- American Psychological Association 2017 – present
- Organization of Chinese Americans, Wisconsin Chapter 2016 – present
- Wisconsin Psychological Association, Graduate Student 2019 – 2021
- Midwest Psychological Association, Graduate Student 2018

BOARD & LEADERSHIP EXPERIENCE

- Rogers Behavioral Health 2021
Black, Indigenous, and People of Color - Employee Resource Group Co-Leader
- University of Wisconsin – Milwaukee, Children’s Learning Center 2016 – 2018
Board Member
- University of Wisconsin - Milwaukee, Roberto Hernandez Center 2015
PALM Committee Co-chair
- Grupo Capoeira Nagô, Inc. 2014 – 2015
Secretary
- Latino Non-Profit Leadership Program, Class IX Graduate 2013

COMMUNITY INVOLVEMENT

- **Legacy of Hope Gala, Walker’s Point Youth and Family Center** 2022
Invited by Executive Director to emcee annual event to raise more than \$30,000 in celebrating 45 years of service to Milwaukee’s community.

- Taiwan Booth Host, University School of Milwaukee** 2020 - 2022
Develop interactive booth to provide PK-high school students with education about Taiwan regarding the physical place, history, food, and culture.
- Hispanic Heritage Month, Rogers Behavioral Health** 2021
Coordinated mini-series event to celebrate Hispanic Heritage.
<https://www.youtube.com/watch?v=hbtj6CHmjGY>
<https://www.youtube.com/watch?v=yOEE01vdmHc>
<https://www.youtube.com/watch?v=nv18sW8LwMA>
- Asian American and Pacific Islander Heritage Month, Rogers Behavioral Health** 2021
Volunteered to contribute to celebrating AAPI accomplishments.
<https://www.youtube.com/watch?v=Mv9lFa5Zob8>
- Mask Up Milwaukee, United Way Milwaukee** 2020
Volunteer to make 750 disposable masks for essential care workers due to COVID-19 pandemic.
- Diversity Committee Member, University School of Milwaukee** 2020
Attend and contribute to monthly meetings regarding how to diversify and increase multicultural competence throughout the USM community.
- Girls on the Run, Southwest, WI** 2020
Raised \$960 during Lakefront Marathon registration and event preparation to directly benefit program operations wherein girls ages 8-14 are empowered to recognize their strengths and unique qualities through the sport of running.
- China Lights, Organization of Chinese Americans Wisconsin** 2017 – 2019
Facilitated traditional craft projects with community members attending China Lights Exhibit on an annual basis and share knowledge about traditional folk tales about the Harvest Moon.
- Staff Appreciation Event, Walker’s Point Youth and Family Center** 2019
Organized logistics of staff appreciation event to increase morale within the Teen Crisis and Runway Program and bridge connections with the Impact Transitional Housing Program staff.
- For the Culture Fashion Show, Ohemaa Evolve** 2019
Invited by the designer to runway model apparel featuring African clothing to celebrate heritage, strength, and creativity.
- National McNair Scholar Day, University of Wisconsin – Milwaukee** 2019
Panelist regarding the Advanced Opportunity Program Award as a recipient for group of 200 McNair Scholars from across the United States.
- Legacy of Hope Gala, Walker’s Point Youth and Family Center** 2019

Invited by Executive Director to emcee celebration of 43 years of providing services to homeless and runaway youth and families.

Team PAWS, Lakefront Marathon 2017
Completed 26.2 mile race as a member of the University of Wisconsin – Milwaukee's team.

LeadHER, University of Wisconsin – Milwaukee 2015
Volunteered to be a part of sexual assault public service announcement video:
<https://www.youtube.com/watch?v=RCDNplZUKnQ>

Mental Health Action Team, Milwaukee Latino Health Coalition 2012 – 2014
Collaborate with community stakeholders to reduce stigma and increase outreach education through speaker's bureau.

Madison Ballet 2013
Tailored costumes under direction of Costume Director to best fit company members and repaired costume issues that occurred during performances resulting from movement.

Survivors Helping Survivors, Mental Health America – Wisconsin 2012 – 2013
Co-facilitated monthly support groups for family members and friends who have lost a loved one to suicide in the community setting by maintaining safe space, identifying themes, and bridging group members

EXPERIENCES ABROAD

- Bahamas, Canada, Cayman Islands, Costa Rica, Cuba, Egypt, Mexico, Nicaragua, South Africa, Trinidad and Tobago, United Kingdom

LANGUAGE ABILITY

- Spanish: Verbal